



## 10 IDEAS FOR REDUCING FOOD WASTE IN YOUR DAILY LIFE

1. Bring your own reusable cup
2. Carry your own reusable water bottle
3. Remember to bring your own reusable bags
4. Bring your own To-Go Ware
5. Use cloth napkins and durable permanent-ware at home, office, and for parties. Avoid plastics and Styrofoam.
6. Refuse excess items you don't need, such as: Straws, Lids, Coasters, and Individual Condiment Packets.
7. Buy in bulk. Refill containers such as: Herbs, Condiments, Baking Ingredients, etc.
8. Avoid buying food in non-recyclable containers or bags laminated with paper and aluminum. If differing packaging materials are mixed and cannot be separated, the item is not recyclable.
9. Manage your garbage and recycle bins properly.  
  
Liners in your recycle and garbage bins = more garbage. Place materials in bins loosely.
10. Let Restaurants know you appreciate their efforts to be green.



**Greening Your Lifestyle Happens Over Time By Changing The Way You Think And Act!**